



Golden Valley Primary School

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*'Sharing Kindness,
Challenging Ourselves and Others,
Achieving Excellence'*

Headteacher: Mr R Riordan BA (QTS) Hons., NPQH

26th November 2025

Dear Y5 Parents / Carers,



We are delighted to offer FREE Bikeability Level 2 on-road training for Year 5 pupils during Term 3 (January–February 2026), delivered by our local provider, Life Cycle.

About the training:

- Level 2 teaches children the skills and confidence to ride safely and independently on local roads
- It is **not a beginners' course** – children must already be able to ride a bike
- Training takes place on roads near the school with qualified instructors after an initial session on the playground to help their confidence and check they are competent for road cycling

Requirements:

- A roadworthy bike with working front and rear brakes and fully inflated tyres
- A correctly fitted helmet

How to book:

Places are limited. Please complete the online consent form via the link or QR code below **as soon as possible** so we can confirm dates with Life Cycle. Once you submit consent, you'll receive helpful information by email, including:

- How to prepare your child for training.
- Helmet fitting guidance.
- Bike safety checks.

If your child hasn't cycled much recently, please encourage them to practise and check their saddle height. We will confirm your child's training dates nearer the time. Thank you for your support.

QR code:

URL: <https://consent.bikeability.org.uk/booth-wise-alter>



Yours sincerely

Mr Morgan
PE Lead

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