



Golden Valley Primary School

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*'Sharing Kindness,
Challenging Ourselves and Others,
Achieving Excellence'*

Headteacher: Mr R Riordan BA (QTS) Hons., NPQH

Friday 2nd October 2026

Dear Parents and Carers

Allergy Safety in School

The safety and wellbeing of our children is extremely important to us. We have recently reviewed and strengthened our allergy procedures to help ensure that school remains a safe and inclusive environment for children with allergies. In school, we:

- Maintain up-to-date allergy and medical information for pupils.
- Keep Individual Healthcare Plans for children with diagnosed allergies or medical needs. These plans are reviewed annually and updated sooner if a child's needs change.
- Ensure staff are aware of children's allergies and know how to respond in an emergency.
- We have purchased spare adrenaline auto-injectors (EpiPens) for use in school and on school trips, should they be needed in an emergency.
- Make sure prescribed emergency medication is readily available when required.
- Promote good hygiene, including regular handwashing and the cleaning of tables and eating areas.
- Work closely with our catering provider to manage allergens and provide appropriate information.
- Carefully consider allergy risks when planning trips, celebrations, curriculum activities and other events involving food.

To support us in keeping all children safe, please can you:

- Clearly label all lunch boxes, drinks bottles and food containers with your child's full name to reduce the risk of children accidentally eating or drinking from the wrong container.
- Tell the school as soon as possible if your child is diagnosed with an allergy or if there are any changes to their medical needs, medication or allergy information.
- Ensure that any medication provided to school is in date, clearly labelled and in its original packaging.
- Do not send food into school for children to share
- Remember that we are a **no-nuts school**. Please do not send nuts or products containing nuts into school. This includes items such as peanut butter, chocolate spreads containing nuts and cereal bars containing nuts.

Thank you for your continued support and for helping us to keep all members of our school community safe.

Yours sincerely

R Riordan
Headteacher

