

Baby Start



Bristol & South Gloucestershire

Drop-in support group for parents with a baby under 2

This FREE, relaxed, welcoming drop-in session aims to build your confidence & help you give your baby the best possible start in life. Our experienced group leader is there to help with your questions & concerns & to give reassurance, in a safe, non-judgemental space. Make new friends, build connections & enjoy a cuppa!



- **Meet other parents**
- **Build confidence**
- **Find support**
- **Boost wellbeing**

Holy Trinity Church
Church Lane
Nailsea
BS48 4NG
Mondays
9.30am - 11.30am
Term time only

Email admin@homestartbsg.org.uk or call 0117 950 1170
for more information.